



**THE WELLNESS INSTITUTE OF
GREATER BUFFALO &
PARTNERS PRESENTS:
WNY WALKS! SUMMIT
ADDRESSING WALKING & WALKABILITY**

Thursday June 13th and Friday June 14th

Buffalo Grand Hotel (Former Adam's Mark),
Downtown Buffalo

Pre-Registration Sales

<https://www.eventbrite.com/e/wny-walks-walkability-summit-tickets-61707259073>



**JUNE 13TH @ 1PM
DR. IAN THOMAS OF
AMERICA WALKS!**

**JUNE 14TH @ 1PM
AMANDA O'ROURKE, CEO
OF 8-80 CITIES!**

**BREAKOUT SESSIONS:
RURAL, URBAN,
SUBURBAN WALKABILITY**

**HIGHLIGHTS HOOKS
PROJECT**

**WALKABILITY TOOL KITS
FOR ATTENDEES**

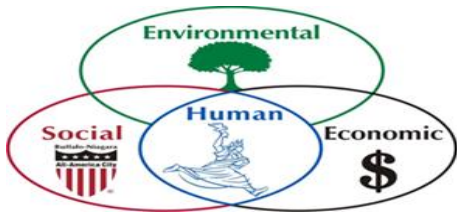
**NETWORKING
KURFUFFLE**

FOR MORE INFO:

The Wellness Institute of Greater
Buffalo
(716)851-4052
BeActive@City-Buffalo.org
CreatingHealthyCommunities
.org

Follow us on Facebook,
Instagram, & Twitter!

#WNYWalks!



WELLNESS INSTITUTE
OF GREATER BUFFALO
CreatingHealthyCommunities.org

JOIN **WNY WALKS!**

WHEN
Wednesdays
May & June

WHERE
Niagara Square

65 Niagara Square Buffalo, NY 14202

WHAT
A 30 minute wellness walk
@12:10PM & returning to
Niagara Square!

Come get your lunch-time steps in!

Contact BeActive@City-Buffalo.org or
call 716-851-4052 for info!

WELLNESS WALK DATES

SAME TIME, SAME PLACE:

MAY 22ND

MAY 29TH

JUNE 5TH

JUNE 12TH

WALKABILITY SUMMIT
& FRIDAY JUNE 13TH & 14TH
BUFFALO GRAND HOTEL
FEATURING
DR. IAN THOMAS OF
AMERICA WALKS &
AMANDA O'ROURKE, CEO
OF 8-80 CITIES!

EXPLORE BUFFALO'S
DOORS OPEN BUFFALO
DOWNTOWN EVENT
JUNE 15TH

[HTTPS://EXPLOREBUFFALO.ORG](https://explorebuffalo.org)

USE THE HASHTAG
#WNY WALKS! ON
FACEBOOK, INSTAGRAM,
& TWITTER!



